

# **Covid-19 Risk Assessment & Method Statement**

## **Safe Practices for Wrington Redhill FC**

### **1. PURPOSE**

This risk assessment sets out the measures that may be used to maintain a safe environment for all occupants and visitors to the setting and to reduce the transmission risk of Covid-19 Coronavirus as far as is reasonably practicable. Particular attention must be given to those at greatest risk including vulnerable groups, pregnant women, and those with underlying health conditions.

### **2. SCOPE**

<b>Club Section / Area</b>	Youth and Senior sections including competitive games
<b>RAMS</b>	Covid-19 safe coaching practices
<b>Date effective</b>	12 <sup>th</sup> April 2021 – Continuous review based on visual and written communication
<b>Timing</b>	Midweek/weekend coaching programmes Competitive football at all levels – weekend and midweek

### **3. RESPONSIBILITY**

It is the responsibility of the Wrington Redhill FC committee, supported by the Covid-19 Officer, to ensure this RAMS has been communicated and the responsibility of the coaching team to understand the contents and ensure compliance. It is the responsibility of the player (if a senior section member) or parent / guardian (if youth section member) to report any confirmed or expected Covid-19 infection within their “bubble” that may increase the infection risk to other players and coaching staff. If the method statement cannot be complied with, then the coaching or match cannot take place; this is the responsibility of the coach to advise players.

Social distancing rules are set by the Government. These rules are being reviewed continuously. This RAMS applies those rules at the agreed date and time as set by the UK Government.

**All participants should check for symptoms of Covid-19. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection, they should remain at home and follow Government Guidance.**

## Covid-19 Risk Assessment & Method Statement

### Safe Practices

#### 4. RISK ASSESSMENT

RISK	CONTROL MEASURES TO CONSIDER	LOCAL APPLICATION OF MEASURES
<b>1. Maintaining social distancing – External areas</b> <b>Severity4 Likelihood 2, Risk Score Moderate</b>		
1.1 Numbers of parents and children at entrance to playing area would impede social distancing.	Club coaches/representatives to supervise.	A maximum of 30 can train in one group – this includes ALL helpers, for example coaches / managers / first aiders
The need to ensure spectator safety	Signage.	Players will arrive and be met by their Coach. They will be socially distanced and enter/exit at a specific time.
	Creation of a coaching bubble	Players and coaches will be expected to use hand sanitiser when entering and leaving the playing area.
	Other coaches helping other teams from different age groups.	At the start of each session, each Coach will remind the players of expectations and rules.
	Ensure that teams and officials maintain their social distancing.	Players and coaches will leave the playing area on time with no delay to minimize cross contamination.
	Instructions for parents, guardians and carers on social distancing on site	Due to the need for many smaller groups, other coaches may support other teams, BUT must adhere to the RAMS.
1.2 Changes to routine cause vehicular and pedestrian traffic management issues	Stagger drop off / pick up times	Parents to drop off players in specific area of car park then players walk to designated area to meet their Coach
1.3 Social distancing – internal areas and during breaks	The facility is open and has specific rules that must be followed	Follow all signs and guidance/advice given by staff
1.4 Hygiene and Cleaning	Access to training group wide equipment	All training equipment will be kept and maintained by the coaches
<b>RISK</b>	<b>CONTROL MEASURES TO</b>	<b>LOCAL APPLICATION OF</b>

	<b>CONSIDER</b>	<b>MEASURES</b>
	Adult player's kit control required	ALL players' kit is the player's responsibility for washing and ensuring it is ready for the next game
1.5 Insufficient handwashing and hygiene facilities increase the risk of transmission.	Hand gel dispenser outside of playing areas	All players and coaches will use hand sanitiser as they enter and exit the playing area
1.6 Communication and understanding	Safety briefing to be given before all fixtures	This is the responsibility of the home team manager or deputy
		Confirms teams and officials of their responsibilities
1.7 Covid-19 Self-Assessment	Pro-active checks	ALL players, officials and volunteers will be assessed regularly by the club by using a register, which will be retained
1.8 Pre and Post match	Look to prevent all non-necessary contact	No pre-match handshake
		Team talks can take place, but social distancing must take place
		Warm-up and cool-downs must consider social distancing.
		Subs must maintain social distancing
		Set plays should be taken quickly
		Goal celebrations should be avoided
		Official contact must maintain social distancing.
		No food or water bottles to be shared
		Adult: Team sheets will not be physically handed to the officials
1.9 Payments	Minimise virus transfer with the use of cash	No official will be paid by using cash unless specifically agreed in advance
1.10 Spectators	Need to protect spectators from infection	Spectators are allowed to attend matches at the Recreation Ground in groups of up to six people or two households and should always maintain social distancing requirements.
<b>RISK</b>	<b>CONTROL MEASURES TO CONSIDER</b>	<b>LOCAL APPLICATION OF MEASURES</b>

<b>2. Site and Buildings Severity 4, Likelihood 2, Risk Score Moderate</b>		
2.1 Access to the clubhouse will not be allowed but on approval access to the toilets will be allowed	Agreed social distancing gaps to be retained	Access to toilets will be permitted subject to opening 30 minutes prior to and 30 minutes after training and matches
	Must wash hands signs	Wash hands signs to be installed in the toilets
	The use of hand sanitizer before and after entry	ALL users must use the soap, paper towels hand sanitizer provided
2.1.a Bar service provided by Wrington Sports & Social Club		<b>Outdoor hospitality</b> is now permitted subject to Government guidance. Customers will be required to order, be served and eat/drink while seated at a table.
		Tables should not have more than a group of 6 persons or 2 households to serve at a time.
		This service is provided by Wrington Sports & Social Club and everyone must strictly follow the procedures put in place by them at all times
2.2 Changing Rooms and Showers – Grassroots Youth	Grassroots Youth changing rooms are closed. Only exception is for safeguarding issues or disability requirements	All players must arrive changed and ready to play
		No access to showers will be given for anyone
		Players and officials are expected to shower at home
2.3 Changing Rooms and Showers – Adults		All players must arrive changed and ready to play.
		Changing rooms can be used but will be restricted to four persons at a time in the changing rooms and two people in the showers at any one time. A one in and one out system will apply.
2.4 Match day pitches	Goal posts and corner flags	Goal post and corner flags should be sanitised before the game commences, at half-time and once the game has finished. This is the responsibility of the match day staff or manager coach
2.5 Post Match Day Food	Prevent the infection crossing multiple bubbles, multiple teams	No post-match food will be provided
<b>RISK</b>	<b>CONTROL MEASURES TO CONSIDER</b>	<b>LOCAL APPLICATION OF MEASURES</b>

2.6 Tunnel Management	Prevent infection by allowing close contact	Stagger teams' arrival on the pitch. (Controlled by the match officials)
2.7 Recreation Ground Pitch Adult pre- game meeting points	Keep the two teams segregated to help prevent infection	Once changed players can meet outside, either on the field of play or in the safe area.
2.8 Dugouts	Minimise infection	Social distancing must be maintained during games
		Pitch-side staff and substitutes to comply with social distancing rules
		Dugouts numbers remain defined by the FA/League
		To be cleaned with sterile wipes after usage
2.9 Physio Treatment	Minimise the possible spread of the virus through player treatment	First Aiders will wear a mask/face covering during treatment
<b>3. Equipment Severity 4, Likelihood 2, Risk Score MODERATE</b>		
3.1 Shared playing equipment increases the risk of transmission	Fixed play equipment to be put out of use	WRFC will provide a personalised drinking bottle. (No water bottles will be shared).
	Individual items of play equipment to be cleaned between each use	All training equipment will be cleaned/ wiped with sterilising wipe
	Players drink bottles	First aid kit MUST be cleaned with a sterilising wipe after use and gloves worn and disposed of after each usage
	Training equipment - Balls, Cones, Bibs, Poles, First Aid	Ball transfer, should not be assisted by spectators and official helpers are to wear gloves
	Football	
3.2 Shared equipment, fittings and resources increase the risk of transmission	Handwashing before and after each session	All players and coaches will use hand sanitiser as they enter and exit the playing area
	Cleaning regime for communal surfaces	All players will only use balls that have been cleaned by their coach
<b>RISK</b>	<b>CONTROL MEASURES TO CONSIDER</b>	<b>LOCAL APPLICATION OF MEASURES</b>
<b>4. Health and</b>		

<b>Wellbeing Severity 2, Likelihood 1, Risk Score TRIVIAL</b>		
4.1 Number of coaches (insufficient) cause supervision, ratio and safeguarding issues	Carry out an audit of all coach availability and are available. Review it regularly	Coaches to inform if they are available
	Introduce a process for coaches to inform you if their health situation changes	Ensure all adults with children have the required qualifications (CRC//Safeguarding//First Aid
		Ensure that if a coach is working alone that they are in sight of another adult (this could be a parent)
4.2 Volunteer wellbeing	Volunteers will be provided with the same information, instruction, training and equipment	All coaches and adults at the club are volunteers so treated equally
	Volunteers will be included in regular communications and be given the opportunity to feed back any concerns.	Confirm this will be done
4.3 Vulnerable / Extremely vulnerable children at higher risk of infection	Parents should follow current medical/government advice if their child is in this category	Clear communication home regarding who can and cannot attend training at this time
4.4 Person becomes unwell with Covid-19 symptoms training/ / league games	Move to a pre-designated area where person can be. isolated, with adult supervision if a child	The Covid-19 area will be away from the playing area
	PPE should be worn if contact is required	Parents will be contacted immediately to collect their child – testing required before returning to training
	Inform parent / guardian / career to arrange collection	All adults will wear PPE when sitting with the player
		All adults and children in contact with player (i.e., those in the same team) will have parents spoken to and asked to self-isolate until testing has confirmed status
<b>RISK</b>	<b>CONTROL MEASURES TO CONSIDER</b>	<b>LOCAL APPLICATION OF MEASURES</b>
		If status is negative, all return to training

		PPE for First Aid
		Parents, players and volunteers will all be informed immediately for testing/action
		The coach will keep a log of all players showing signs of symptoms
4.5 Volunteer wellbeing affected by the working experience	Application of national guidance in respect of shielding and at-risk groups.	Communicate guidance clearly
	Include volunteers in risk assessment process	Volunteers briefing/update at least weekly via email
	Volunteers meetings and communication	Share risk assessment with all volunteers and parents
4.6 First aid provision	Ensure a supply of PPE is available for provision of first aid, and use and dispose of accordingly	Ensure that there is always an FA First Aid qualified coach on the playing area during a session
		First Aid and PPE equipment available in specific location
		For games where there is specific first aid, then PPE must be worn (Masks and face coverings)
4.7 Shouting and Spitting	Both offer increased risk of infection as well as a welfare issue	No shouting at close proximity
		No spitting.
<b>5 Traveling Severity 4, Likelihood 2, Risk Score MODERATE</b>		
5.1 Traveling in same vehicle	Restrict how players and parents share transport to and from coaching sessions	No player, coach or parent should travel or accept lifts from others outside of the same bubble. Please find alternative transport.
5.2 Travel to training and matches	Keep within the same bubble. Minimise group contact	Car sharing is allowed BUT must be kept to small groups and all participants should follow the Government's guidance on safer travel
		Face coverings should be worn
		Wash hands / sanitise after the journey is completed

## 5. RISK DEFINITIONS

<b>No Risk</b>	No action required. No documentary records kept other than risk assessments
<b>Trivial</b>	No action required. No documentary records kept other than risk assessments
<b>Tolerable</b>	No additional controls are required. Considerations may be given to a more cost-effective solution or improvement that imposes no additional cost burden. Monitoring is required to ensure that the controls are maintained
<b>Moderate</b>	Efforts should be made to reduce the risk, but costs of prevention should be carefully measured and limited. Risk reduction measures should be implemented within a defined time period. Where the moderate risk is associated with extremely harmful consequences, further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures.
<b>Substantial</b>	Training should not be started until the risk has been reduced. Considerable resources may have to be allocated to reduce the risk. Where the risk involves Training in progress, urgent action should be taken.
<b>Intolerable</b>	Training should not be started or continued until the risk has been reduced. If it is not possible to reduce the risk even with unlimited resources, Training must remain prohibited.



# **Covid-19 Risk Assessment & Method Statement**

## **Safe Practices for Wrigton Redhill FC**

### **6. Method statement**

#### **6.1 General**

The aim is to be able to hold safe training and host competitive matches for all age groups. But in order to do so, lots of new measures need to be in place to create a safe place for players and coaches to restart, whilst being able to adhere to the FA Guidelines, along with the Government Guidelines that are currently in place.

The club will provide hand Sanitiser stations for Players and Coaches at entry and exit points to the playing areas. These must be used by all.

This method statement applies to ALL visitors as well as members and the club will assume this has been read and understood.

Club training slots to be allocated by the club which includes a 15-minute gap between sessions so players can leave before next group arrives.

We require all WRFC club Coaches, Players and Parents to sign the RAMS before any training session and/or game they participate in. This must be in place and made available for all committee members to see. If this is not completed then training sessions and matches will be denied, until the form is fully completed. (This can be an authorising email).

#### **6.2 Attending Site**

Please follow the one-way systems for vehicles and players.

Parents must make their way to the safe zones, where they must stand 2m apart from any other parent. Any parent not adhering to the rules will be asked to leave the premises and take their player home.

When on site please follow signage and maintain social distancing.

As the Car Park at the Recreation Ground is not under the control of Wrigton Redhill FC it is essential that vehicles are parked in the existing marked spaces. Social distancing rules apply on making way to and from the training and match areas.

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### **6.3 Coaching / Training Controls**

Coaches must arrive in good time (maximum 30 minutes) before a session to set up and create safe zones or designated areas for all players for when they arrive to the training area.

Players, Coaching Staff and Administrators will observe social distancing, 'the rule of six' and limit physical contact as much as possible and no spectators may attend training sessions.

The maximum bubble is 30 which includes players and coaching staff.

All equipment to be provided by each Coach and it must be cleaned before the session and immediately afterwards. This is non-negotiable.

The type of training/coaching allowed has been defined by the FA Guidelines. As we move forward, we hope these will become more relaxed. Visit [www.theFA.com](http://www.theFA.com) and Click here for the latest Covid-19 update (Note this will be updated regularly)

Coaches may assist other teams when the following has been met:

There has not been any reported Covid-19 within their own teams

And that the RAMS processes have been adhered to at all times.

Reporting – every known Covid-19 case MUST be reported to the Covid-19 Officer. This may mean that training or matches may have to stop for that team for a minimum of 10 days, or in line with Government guidelines.

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### **6.3 Parents / Guardians / Carers – Training**

Players are not permitted to train if showing any symptoms. Please note if one player develops symptoms after training then all players, parents & coaching staff present on that group will be required to self-isolate for 14 days (or as per Government Guidelines)

Arrival should be no earlier than 10 minutes before the session starts.

At the end of the session, we ask Players and Parents to leave swiftly and that no gathering around to talk should take place.

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## **Safe Practices**

### **6.4 Match Day**

#### **Youth / Grassroots**

All players must arrive changed and ready to play – this includes any travelling officials.

Parents, Guardians or Carers will be permitted to watch the game but must not stand in more than a group of six socially distanced at all times.

#### **Adult teams**

All teams and attending volunteers must self-assess before attending WRFC.

Use of the Recreation Ground changing rooms and showers is limited to a maximum of four with only two persons showering at any one time and a one in one out system in place.

Spectators are permitted to attend matches but must not stand in more than a group of six socially distanced at all times.

Within the Recreation Ground pitch dugouts may be used but social distancing must always be maintained.

For adult teams there will be no post-match food supplied

Kit will be self-laundered

#### **Officials:**

Match Officials will comply with their own Guidance Rules.

A copy of the Club's Risk Assessment and Method Statement will be supplied to all Officials when confirming their appointment.

Use of changing rooms is permitted should officials wish to use them.

### **6.5 Applied to ALL Ages / Sections**

Visitors – please do not be tempted to pick any footballs up with your hands. You may return the ball with your foot only. (It is the manager's / coach's responsibility to keep footballs sanitised)

For match days, a register of who is playing must be maintained by the team manager of coach. (Date, name, contact number)

## **Covid-19 Risk Assessment & Method Statement Safe Practices**

### **Non-Compliance**

We all know the potential impact of Covid-19 and the damage this has brought to our friends and families. Should anyone decide not to comply they will be asked to leave the facility. Continuous infringement could mean revoking membership to the Football Club and Sports Association.

Endorsed by:

Signed: (Club Secretary) \_\_\_\_J Clements \_\_\_\_\_ Date: \_\_\_\_12<sup>th</sup> April 2021

Signed: (Director) \_\_\_\_\_S Bull \_\_\_\_\_ Date: \_\_\_\_12<sup>th</sup> April 2021

## Coach / Player and Parent sign-off section

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